

the spa
at St. Andrews | Country Club

FACE THERAPY

ESSENTIAL SKIN THERAPIES - ALL SKIN TYPES

This collection of essential facials utilizes the finest combination of natural ingredients combined with science to provide your skin with optimal results. Cleansing, exfoliation, deep pore cleansing, and relaxing massage modalities are included in virtually every treatment.

Allow our team of dedicated professionals assist you in finding the perfect facial for you!

SIGNATURE LUXURY RENEWING FACIAL

Begin your journey to complete relaxation and skin rejuvenation with a calming introduction of Aromatic essential oils through slow, rhythmic breathing. A luxurious facial inclusive of a customized vitamin-enriched ampoule designed specific for your skin type and an eye specific treatment is included. An application of an ultra-hydrating lotion and warm mitts will be applied to your hands and feet. Complete renewal awaits!

80 min \$165

ESSENTIAL THERAPIES DEEP CLEANSING FACIAL

This customized deep pore cleansing facial will address specific areas of concern by utilizing therapeutic extracts to deliver the benefits and results that your skin deserves. Specific areas of concern will be addressed, as well as skin exfoliation, steaming, and cleansing of clogged pores. A gentle face massage will hydrate and relax. As a finishing touch, the appropriate mask treatment is applied. Beneficial for all skin types.

50 min \$105

GENTLEMEN'S FACIAL

This treatment specifically targets clogged pores, sensitivity, and razor burn while promoting total relaxation. Deep pore cleansing, steaming, and extraction rejuvenates damaged skin. As a final step, a treatment mask is applied to refine the pores, soothe and hydrate the skin.

50 min \$105

REFRESHER EXPRESS FACIAL

This mini facial is ideal for those on the go. Your skin is cleansed with light exfoliation and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturizer. No extractions or steam will be performed.

25 min \$60

PROBLEMATIC SKIN

Acneic skin types require extra care and specialized ingredients to address concerns such as: acneic breakouts, blackheads, and irritated skin. This facial includes deep cleansing, exfoliation, extraction, and a calming and healing mask. Skin is rendered visibly purified, wonderfully alleviated and decongested.

50 min \$115

BACK TREATMENT

The hard to reach back area needs cleansing and pampering, too! This treatment includes exfoliation, aromatic steam, deep pore cleansing, and a pore refining mask. A light massage and veil of moisturizer conclude this treatment.

50 min \$105

ENHANCEMENTS & ADDITIONS

Eye Treatment for Puffiness, Lines & Wrinkles	\$25
Escutox Line Smoothing Freeze-Dried	\$20
Face or Hand Peel	\$15
Lash Tinting	\$25
Brow Tinting	\$20



ADVANCED THERAPY FACIALS

This collection of advanced therapy, aging-well facials feature targeted results and include all elements of the Essential Therapies Facial while targeting your specific needs.

ULTIMATE ANTI-AGING FACIAL TREATMENTS

Myoxy-Caviar® Hard Lift Off Rx \$165

Benefits: Smooths lines, improves elasticity and reduces signs of aging.

Excellent for those with aging skin in need of total rejuvenation, hydration, firming and smoothing.

SkinFit Myoxy-Caviar® Mask - For Him \$145

Benefits: Smooths, hydrates and replenishes
Excellent for men seeking results and ingredients specifically designed to address their specific needs.

HYDRATING, FIRMING, REFINING AND BRIGHTENING

Luminous “C” & “Sea” Soft Lift Off Rx \$145

Benefits: Brightens, Firms and Refines
Excellent for sun damaged skin, smokers, and lack of vibrancy.

Anti-Free Radicals Hard Lift Off Bi-Thermal Rx \$145

Benefits: Hydrates and Smooths
Excellent for dehydrated skin types.

Stem Cell Therapy

\$145

Benefits: Reduces lines and Repairs
Excellent deep repair treatment.

Lumafirm® Lift & Glow Treatment

\$145

Benefits: Illuminates, Firms, and Lifts
Excellent for all aging skin types with loss of elasticity and lack of vibrancy.

CALMING & SOOTHING

Plantomer® Soothing Soft Lift Off Rx \$145

Benefits: Calms Soothes, and Reduces Redness
Excellent for sensitive or acneic skin types in need of calming.



ADVANCED REJUVENATION SKIN CARE

HYDRAFACIAL

HydraFacial is an advanced medical grade skin care treatment that targets Fine Lines and wrinkles; congested, oily, and acne prone skin, and hyperpigmentation. It softens the appearance of large pores, improves skin texture and tone, and helps repair existing sun damage.

Recommended for all skin types.

Express HydraFacial

This refreshing treat offers a deep cleansing and gentle exfoliation, followed by painless extractions utilizing solutions and the HydraFacial Signature system.

25 min \$169 Series of Six \$913

Enhanced HydraFacial

This treatment offers a deep cleansing and gentle exfoliation, followed by painless extractions utilizing solutions and the HydraFacial Signature system. LED light therapy is added to induce hydration, while a anti-oxidant boost enhances the results.

50 min \$250 Series of Six \$1350

Deluxe HydraFacial

This invigorating treatment includes all of the luxurious benefits of the Enhanced HydraFacial for your face, neck and décolleté with the addition of lymphatic drainage. A multi-peptide boost is also added to address fine lines and wrinkles.

80 min \$325 Series of Six \$1755

HydraFacial Enhancements

Dermabuilder, Britenol, or 15% Glycolic Peel \$50

Eye or Lip \$40

RESURFACING

Microdermabrasion

One of the most effective and advanced alternatives to chemical peels, microdermabrasion. This advanced treatment smooths fine lines, lessens stretch marks, and fades the appearance of dark spots and sun damage. Micro-crystals are utilized to gently remove dead surface cells encouraging healthy cell rejuvenation. All treatments include a re-nourishing mask. Neck and Décolleté treatment can be added for additional fee.

50 min \$115

Hands, Neck, or Décolleté \$45

Skin Smoothing Peel

Exceptional skin awaits! Allow your Esthetician to evaluate your skin, discuss your desired results and recommend the appropriate peel for you. Your skin will be bright, exfoliated and refreshed.

25 min \$60



MASSAGE THERAPY

Esteemed for its ability to relax mind and body, massage can help to reduce chronic pain, headaches, and improve overall health. Experience the skilled hands of our professional and well-trained massage therapists. Choose from a 25, 50, 75 or 100 minute treatment with either a female or male therapist.

Your choice of massage includes:

SIGNATURE WELLNESS "PAIN MANAGEMENT" MASSAGE

With your feedback, your therapist will provide a fully customized massage utilizing specific modalities that best fit your needs. Pressure, hot and cold therapy, and stretching techniques may be adjusted according to your needs.

50 min \$115 75 min \$160 100 min \$190

RELAXING SWEDISH MASSAGE

This massage is designed to de-stress and relax tired muscles. A combination of flowing motions and light to medium pressure ensures the body relief and rejuvenation.

25 min \$55 50 min \$100
75 min \$150 100 min \$170

DEEP TISSUE MASSAGE

A firmer massage designed for those with muscle fatigue and chronic pain. This massage incorporates deep compression and neuromuscular techniques.

25 min \$60 50 min \$110
75 min \$155 100 min \$185

SPORTS MASSAGE

Facilitate muscle recovery with this performance-focused massage designed to relieve soreness from exercise and muscle exertion. Gain flexibility and relief. This massage concentrates on your neck, shoulders, lower back and hamstrings and can be tailored for pre-game conditioning or post game fatigue.

50 min \$110 75 min \$160

THAI MASSAGE

This massage incorporates gentle stretching movements and light pressure along the energy lines to reduce stress and increase flexibility.

Sessions are performed on a floor mat with the client dressed in loose, comfortable clothing.

75 min \$160 100 min \$190

REFLEXOLOGY FOOT THERAPY

Reduce stress, stimulate circulation, and promote balance with this trigger point massage of the hands and feet. These trigger points correspond with specific areas of the body to enhance wellness.

25 min \$60 50 min \$110

WARM STONE MASSAGE

Allow warm volcanic stones to transport you into a new dimension of relaxation and rejuvenation. The healing warmth will enable deeper penetration into the muscles.

75 min \$165

HIMALAYAN STONE MASSAGE

A Himalayan Salt Stone Massage integrates Swedish massage techniques, thermal therapy and salt therapies to create an array of possible benefits. You may experience increased blood circulation, reduced inflammation and improved sleep.

75 min \$165

SPECIALTY MASSAGES

The massage modalities below require specific training certification and must be booked in advanced.

Bamboo	Watsu	Lymphatic	Prenatal
Ashiatsu	Swe-Thai	Reiki	
	50 min	\$110	75 min \$160

MASSAGE ENHANCEMENTS

For added enjoyment and relaxation, add any of the following to your massage session. \$20

Scalp Massage	Back Exfoliation
Foot Massage	Collagen Hydrating Hand Treatment
Foot Reflexology	Paraffin Foot Therapy

BODY THERAPY

BODY EXFOLIATION

Tropicale Saltmouse Exfoliation

Infused with de-aging fruit extracts of Papaya-Pineapple, this delightful treatment delivers a tropical sensory experience. Your body is gently polished to remove surface toxins and dead cell accumulation. As the salt dissolves, negative ions and repairing fruit extracts are quickly absorbed. The light application of a de-aging balm concludes your escape rendering your entire body detoxified and silky-soft, with visibly brighter skin. Recommended prior to any massage to promote optimum benefits and enhance your treatment experience. \$65

Silky Body Polish Exfoliation

Aromatic and gentle, this creamy body polish exfoliates dry skin and polishes away toxins. Your skin resurfaces silky-soft and wonderfully hydrated. Recommended prior to any massage or body treatment to promote optimum benefits. \$65

BODY WRAPS

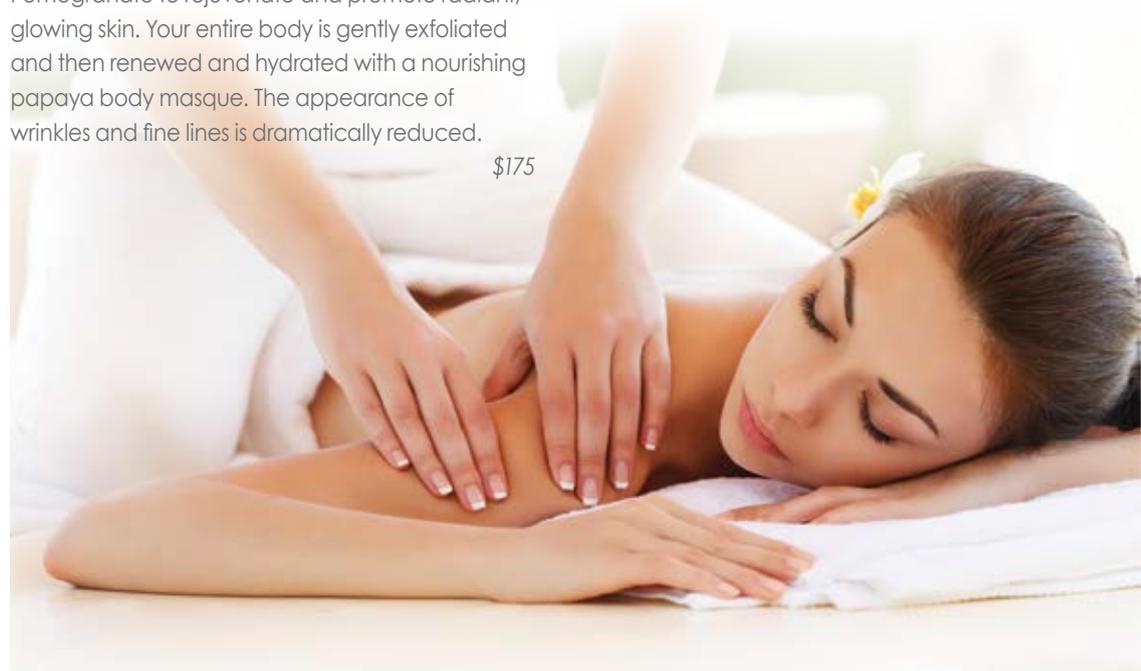
Tropical Escape Body Repair

Papaya-Pineapple Crème Fraîche Wrap

Drenched with papaya and pineapple, this luxurious crème fraîche wrap deeply nourishes and repairs your skin. Soothing vanilla and exotic de-aging tropical fruits add to the sensory experience with vital components such as Collagen Polypeptides and Retinol to smooth, Elastin Polypeptides to firm, and Vitamin A and Pomegranate to rejuvenate and promote radiant, glowing skin. Your entire body is gently exfoliated and then renewed and hydrated with a nourishing papaya body masque. The appearance of wrinkles and fine lines is dramatically reduced. \$175

LumaFirm Body Wrap

Slim and tone your body with a cutting-edge cellulite treatment. This slimming and toning wrap stimulates your body's ability to break down fat, increase metabolism, and eliminate water retention while hydrating and firming the skin. Add a body exfoliation of choice to enhance the benefits. \$120



SALT THERAPY OASIS

Active salt therapy is a natural approach to addressing many respiratory ailments and skin conditions, such as, asthma, sinusitis, eczema and psoriasis. A special piece of equipment known as a Halogenerator grinds and crushes pure sodium chloride into micro-sized particles which is then dispersed into the air. The room will then be filled with a fine mist of salt to begin the journey of complete wellness and relaxation.

BENEFITS?

- Reduces bronchial inflammation
- Decreases airborne pollen particles from airways
- Strengthens immune system that decreases allergic reaction to pollens
- Cleanses and sanitizes airways
- Prevents and treatment of common cold and flu
- Improves dermatological disorders such as acne, dermatitis and psoriasis
- Reduces snoring
- Promotes healthier sleep

Single Session \$25

Couples Session \$40

10 Session package \$150

One Month Unlimited Pass \$99

Couples' Salt Oasis Membership \$149/month

2 Persons Per Household



Our Mission at The Spa and Salon at St. Andrews Country Club is to exceed our member's expectations with every visit while engaging in memorable and sensorial experiences.

For the most pleasurable spa experience...

Our 11,000 square foot Spa & Salon at St. Andrews Country Club offers luxurious and serene treatment rooms for massage, facial and body treatments inclusive of chromotherapy, individual music controls and independent air conditioning settings for your comfort. The Salt Therapy Oasis is a suite that offers 4 loungers to relax on while tiny particles of salt fill the air to improve overall health and well-being. Our full service Salon delivers exceptional Hair and Nail care services utilizing the latest trends and techniques. The locker room offers daily lockers, a changing area, shower facilities, vanity area, sauna, steam room, whirlpool bath and relaxation areas with luxurious heated massage lounge chairs where fruit, tea, natural juice, and snacks are offered throughout the day.

HOURS:

9 a.m. to 6 p.m. daily
(Hours subject to change)

RESERVATIONS

Booking your spa reservations in advance is highly recommended.

Please call The Spa and Salon at 561-470-6555 or book on-line at www.standrewscc.com

AGE REQUIREMENTS

The use of spa facilities is restricted to adult members and guests. Children aged 16 or older are welcome when accompanied by an adult member.

CANCELLATIONS

Changes or cancellations must be made by 4 p.m. the day prior to your scheduled appointment to avoid being charged in full. If a member or guest is late 15 minutes for their scheduled appointment, and have not notified the spa, the appointment will be charged as a no show and the appointment will need to be rescheduled.

ATTIRE

The Spa and Salon at St Andrews Country Club will provide a robe and slippers for your comfort during your stay.

CHECK-IN

We recommend that you check in for your services fifteen minutes in advance. Checking in early will allow you time to shower, change and relax in the sauna/steam room and enjoy the massage chairs prior to your service.

VALUABLES

We kindly request that valuables are kept at home. The Spa is not responsible for any lost items.

Cell phones are prohibited.

THE SPA & SALON AT ST. ANDREWS COUNTRY CLUB

561-470-6555

WWW.STANDREWSCC.COM